

SEAMLESS HYPNOTIC INDUCTIONS

MÁRIO LIMA 🇵🇹 | EVOLUTION HYPNOSIS®

THE 5 DAY
GET Healthy
HYPNOBIZ
EXPO & FESTIVAL

JUN, 07 – 11 | 2021





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EVOLUTION HYPNOSIS®

INFO@EVOLUTIONHYPNOSIS.COM

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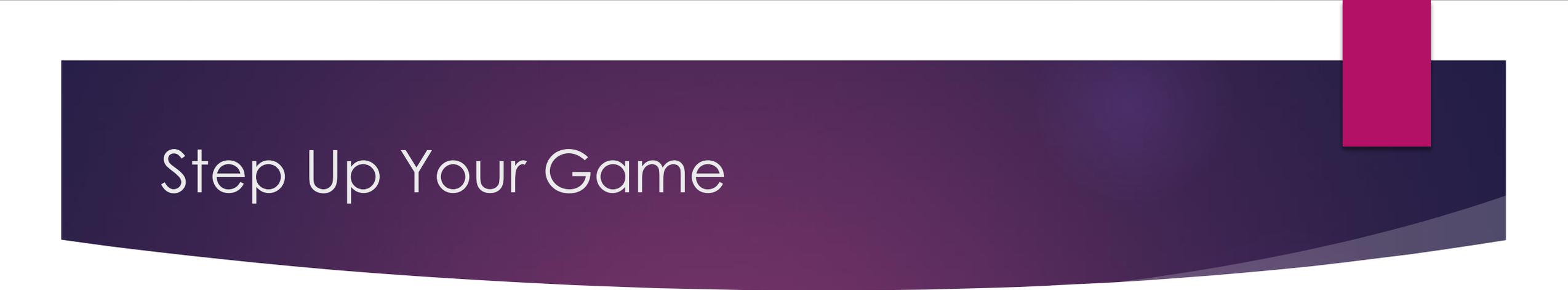
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Who am I?

- ▶ Portuguese Hypnotist
- ▶ Certified Clinical Hypnotherapist
- ▶ Vice President of Scientific Council of the largest Portuguese Hypnosis Association – APHCH.
- ▶ Street Hypnotist
- ▶ Professional Trainer and Hypnosis Consultant
- ▶ Self Development and hypnosis Products Creator
- ▶ Speaker in International Hypnosis Events and Conferences
- ▶ Entrepreneur

What we do in EvolutionHypnosis.com®

- ▶ Create Products available in our Digital Store
- ▶ Lectures and keynotes in International Events
- ▶ Training in Hypnosis for Influence and Persuasion
- ▶ High Profile Consultancy for Companies and Individuals
- ▶ Creative Lab to expand Hypnosis Knowledge



Step Up Your Game

Enhance your Creativity!

**Become a Hypnosis Ninja and learn to
Master Seamless Hypnotic Inductions**

Seamless Hypnotic Inductions

1. POWER
2. ENERGY
3. HARMONY
4. HEALING
5. INTUITION
6. AWARENESS
7. DIMENSION
8. CREATION
9. ABSOLUTE



Kuji-Kiri

1. POWER

- ▶ Be ready to communicate with your hypnosis subject from within yourself anchored in your own strength of mind, body and spirit
- ▶ Use the power of breath! By cultivating the right way of breathing, you will be able to induce some kind of hypnotic trance in your subject
- ▶ Adopt a flexible and up straight body posture and be mentally unfazed by whatever mental frame your subject has in that particular moment in time
- ▶ Learn how to master your voice pitch to have a commanding but receptive outstanding voice. Use the low and high pitch to mark both commanding and receptive vibes

2. ENERGY

- ▶ One essential thing you have to do in order to succeed in a hypnotic interaction is to conquer the attention of your subject, therefore you have to make sure you direct your own energy to focus where it is most valuable and by doing that you will be seamlessly inducing trance.
- ▶ Just by pointing out the emotional shifts or unconscious moments that arise during the interaction, you will be promoting dissociation
- ▶ You must point out the direction to where the conversation has to go, or enlighten which perceptions are important to be activated and in order to do that, you need to master the skill of seamlessly using energy in a way you guarantee that the conversations won't derail and that your subject doesn't take control of the interaction

3. HARMONY

- ▶ Have you ever noticed that “special something” that some people naturally have, like an aura of wellbeing and natural flow, as if they are in oneness with the universe and self
- ▶ Most people feel fascinated in the presence of someone like that, and that effect is in of itself a seamless trance mechanism, because people will be much more compelled to take on board suggestions from someone that has this overall sense of harmony
- ▶ All you have to do is expand your sense of possibilities as a person and set free from your limitations and inner conflicts because that only will be immensely important to seamlessly induce trance

4. HEALING

- ▶ And what about if you really believe that you can help to heal someone, like if you have special abilities, and you had a strong belief in your healer self that people will believe too, thus your suggestions will be more easily accepted
- ▶ In order to do this right, you have to go first and master your own healing process as most of us have some kind of healing to do. It's my belief that if you haven't yet solved some inner conflicts of your own, it will be harder for people to follow your hypnotic lead
- ▶ This inner sense of being healed will be the fuel for the congruence of your change work instructions or suggestion

5. INTUITION

- ▶ Whenever you are trying to intervene with hypnosis you need to look at people where they are mentally and emotionally, and move from there to the particular outcome you desire
- ▶ Sometimes there are contexts or situations where you don't have information from the subject, either because they don't want to share, or it's not appropriate to ask as it would make your hypnotic work too much obvious
- ▶ In those situations you have to trust your enhanced intuition, something you develop observing people and seeing beyond the obvious, it's a skill that can make you one step ahead by being able to anticipate deeply hidden emotional states, obstacles or objections from the subject to whatever indirect or direct approach you want to have with hypnosis.

6. AWARENESS

- ▶ There is a very powerful hypnotic effect when you kind of guess what someone is really thinking, it's like if you literally manage to get inside someone's mind and by demonstration that you can do so, the subject may accept more easily that you can lead through suggestions their inner experience
- ▶ I'm not suggesting you go for pure and mere guess work, because that can backfire and end up doing the opposite effect of what you intended in the first place.
- ▶ But there are moments when facial expressions, eye movements, postural changes will reveal with some degree of certainty what someone is thinking so be aware of that whilst you are communicating in a hypnotic way because that sense of awareness will move your hypnotic interaction further

7. DIMENSION

- ▶ This key concept takes us to the understanding of building blocks of reality, which are consensual universal understandings that serve as foundations of most of the events and thought processes, that we go along as we are living our lives
- ▶ If you manage to set someone free from the really blocks of time and space, by successfully doing that, chances are that you subject goes into a beautiful trance state
- ▶ Time and space are by itself limits that sometimes work as a bind that people fall into, and that conditions the development of possibilities and resources

8. CREATION

- ▶ Trance experiences don't have always to be about finding an inner safe place inside someone's mind because doing seamless hypnotic inductions is all about understanding the nature of the environment around you, and utilizing that to move your subject's experience to a more trance link state
- ▶ Sometimes when you are in a hypnotic interaction with a subject you have to rely on your ninja like observation skills and use all that you can spot, then and there, that can be utilized to develop a sense of trance with a seamless hypnotic induction

9. ABSOLUTE

- ▶ One of the most beautiful, fascinating and important hypnotic phenomena is to use trance states to accelerate moments of insight and new understandings as if like a “door” opens inside someone’s mind
- ▶ Those moments are impossible to reverse, because when you understand something, it’s not possible to go into a state of not understanding that. It’s like a new perspective lights up.
- ▶ When we are able to shed enlightenment in someone, it’s like then and there hypnosis automatically happens, because there is a sense of involuntary finding or happening

Contacts

Mário Lima

INFO@EVOLUTIONHYPNOSIS.COM



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